BetterBody Foods

Classic German Pancakes

Prep: 10 min Cook: 20 min Total: 30 min Servings: 4

Calories: 234 Fat: 13g Protein: 9g Carbs: 21g Fiber: 0g

Ingredients

- 4 eggs
- 2/3 cup milk
- 2/3 cup all-purpose flour
- 1/2 tsp salt
- 1 Tbsp sugar
- 1 tsp vanilla
- 2 Tbsp BBF Naturally Refined Organic Coconut Oil, melted

Directions

1. Preheat oven to 400 degreesF.
2. In a blender, combine the eggs, milk, flour and salt. Cover and process until smooth.
3. Pour the oil into an ungreased 9x13 inch baking dish; add the batter.
4. Bake, uncovered, for 20 minutes.
5. Enjoy your Classic German Pancakes!