BetterBody Foods

Easter Stuffed Peppers

Prep: 10 min Cook: 0 min Total: 10 min Servings: 4

Calories: 239 Fat: 21g Protein: 5g Carbs: 7g Fiber: 1g

Ingredients

- 1 8 oz package of cream cheese
- 1/4 cup sour cream
- 1-2 Tbsp dill weed, fresh or dried
- 1-2 Tbsp BetterBody Foods Organic Super Seeds
- 8 small orange peppers split in half and seeded
- fresh dill for garnish

Directions

1. Place your cream cheese, sour cream, and dill weed in a bowl.
2. Mix it all together until smooth and creamy.
3. Split peppers in half and pipe with pastry bag or fill with dill cream cheese spread. Garnish with a sprig of fresh dill and sprinkle with BetterBody Foods Organic Super Seeds. Keep refrigerated.
4. Enjoy your Easter Stuffed Peppers!