BetterBody Foods

Peanut Butter Crunch Smoothie Bowl

Prep: 10 min Cook: 0 min Total: 10 min Servings: 1

Calories: 540 Fat: 23g Protein: 22g Carbs: 67g Fiber: 0g

Ingredients

- 1 cup unsweetened almond or cashew milk
- 1 banana, frozen
- 1/2 avocado, frozen
- 2-3 tsp BBF Agave
- 2 Tbsp BBF PBfit
- 1 scoop BBF Organic Plant Protein
- 2 tsp BBF Chia Seeds (Optional)

Directions

1. Add all of your ingredients to a blender or bullet and blend until smooth.
2. Add more frozen banana or ice cubes if needed or desired.
3. Top with all the goods.
4. Enjoy your Peanut Butter Crunch Smoothie Bowl