BetterBody Foods

Sparkling Peach Soda

Prep: 10 min Cook: 0 min Total: 10 min Servings: 1

Calories: 139 Fat: 1g Protein: 2g Carbs: 35g Fiber: 0g

Ingredients

- 2 ripe peaches, pitted and sliced
- 1 1/2 Tbsp fresh lemon juice
- 1 Tbsp organic agave
- 1 1/2 cups club soda
- ice

Directions

1. Puree peaches with lemon juice and agave in a blender until smooth. Blend in more agave if desired.
2. Strain mixture through a sieve, discarding solids.
3. Pour peach mixture into glass filled halfway with ice. Fill to top with club soda. Enjoy!
4. Enjoy your Sparkling Peach Soda!