BetterBody Foods

# Sparkling Pomegranate Punch

**Prep: 10 min Cook: 0 min Total: 10 min Servings: 12**

Calories: 241 Fat: 0g Protein: 59g Carbs: 59g Fiber: 0g

## Ingredients

- Arils from 1 pomegranate
- 1 lemon, juiced
- 2 cups pomegranate juice
- 12 fresh rosemary sprigs
- 1/2 cup Organic Monk Fruit Blend
- 2 (12 ounce) bottles apple cider
- 4 cups sparkling water/club soda
- 1 1/2 cups orange juice
- 2 dashes orange bitters

## Directions

1. Combine pomegranate juice, lemon juice, monk fruit blend, apple cider, and orange juice. Stir to combine. Slowly pour in sparkling water and add a dash or two of the bitters. Pour into glasses and garnish with fresh rosemary sprigs and pomegranate arils.
2. Enjoy your Sparkling Pomegranate Punch!